What if i think about it as a bunch of individual people that are not me?

1. Isaac Wostrel-Rubin
   1. Psychedelics
   2. The Hero’s Journey
      1. My Journey
         1. Act 1
            1. Born in LA
            2. Moved to NM
            3. Things got weird
            4. I loved WoW
            5. She hurt me
            6. I was mad
            7. PostWWII American History

Trungpa Rinpoche

* + - * 1. I went to college
      1. Act 2
         1. Freshman year

Psychedelics

Vision1

* + - * 1. Sophomore

Prodromal diagnosis

Trying to get it reversed

Vision2

* + - * 1. Junior, Senior

Christina leaves

Depression arrives

Meghan begins

* + - * 1. postgrad year1, postgrad year2

Writing

Going to NY

TIN Vape

Meghan and I break up

* + - * 1. Postgrad year3, postgrad year4

Depression re-arises

Rank1

Nick arrives

Crystal Ball Vision

Nick leaves

* + 1. Screenwriting

1. Acharya Ah-la
   1. The Bodhisattva’s Path
      1. Meditation
      2. Contemplations
      3. On-going practice of applied Bodhichitta
2. Olivus Victory-Promise
   1. Going to Sanctuary
      1. Keeping the Victory-Promise
         1. PLE
            1. Crystal Ball
3. The Sanctuary System
   1. SANCREVTWILITELANGMAP
4. Demon Champion
   1. Yep. This is the brave part.

How to website graduation:  
  
1) carrd: progressively show the value of prompt engineering through content

* Hero funnel
  + Newsletter
  + Blog
  + Discord community
    - Tiered Roles
      * **Access to various resources**
* Patreon
  + Patreon Instant Expert Store
* Webinar funnel
  + Call funnel
    - Coaching program
      * Low Ticket
        + Prompt reviews (in depth by my team)
        + Group (large) meeting every week
      * High Ticket
        + Prompt reviews (in depth by me)
        + Elite (Small) group Meeting every week

MiniSeries

\* Instant Experts

\* MiniSeries 1: Intro to Instant Experts

\* **New Era of AI Collaboration**

\* Because AI can autocomplete from a template

\* Means if you templatize, even generally, what you want, you can get it

\* Instant Experts are a way to spin up an AI that has deeper knowledge than you do, and then query it to rapidly progress in whatever task you’re on

\* **What is an Instant Expert**

\* SPR creating a Bounded Hallucination inside of a prompt, which is embodied in the conceptual form of an anthropomorphized person with thoughts and actions

\* This is essentially an agent SIMULATION - important to remember this. It shows you where the AI model could potentially respond from. Targeting these “places” the AI responds from, is like finding a “home” for your Instant Expert. In an expanded way, when we make agents, the “place” or “home” becomes the entire array of functions related to that agent.

\* Ms\_2: How I build Instant Experts

\* How I make an Instant Expert

\* Profile

\* Chains

\* Ms\_3: My Instant Expert Template (Programmatic Prompt)

\* Programmatic Prompt Template

\* Meanings of terms

\* Applying it to various domains

\* Different ways you can do it and how you could change it per domain

\* Ms\_4: How I built an Instant Expert factory

\* Manual Factory (will work with ChatGPT @ mentions)

\* Easiest way to do it is to do a prompt that is a meta-prompt that creates an Instant Expert persona using Morph Prompting

\* But there are a lot of issues that can arise with this due to the deterministic aspects of the model and constant changes

\* Better way to do it is to use a piecemeal workflow

\* Morph prompting

\* Constructor Prompts

\* Profile Constructor (i make these by hand because it’s not reliable to use morph)

\* Chain Constructor (i make these by hand because it’s not reliable to use morph)

\* MorphPromptConstructor (need to make this, this is different than morph assistant bc it makes things that require morph prompting, ie it makes constructor types; requires agents for consistent output)

\* Workflow = @ Profile -> @ Chains -> User Synthesizes -> User Paste to CustomGPT Builder

\* Ms\_5: Adding tools to an Instant Expert

\* Ask the persona about the tools they want

\* This gives you ideas

\* Complex tools

\* May use multiple tools or results from one tool to chain to another

\* Example: FORMATIA\_QUIVER

\* Ms\_6: Using Tools and Making SmartChains

\* SmartChain with tools

\* Uses mermaid sequenceDiagram

\* Can use a Constructor for that

\* Ms\_7: Advanced

\* Compression Syntaxes: SPR, emojis, data schemas